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HYPERLINK "<http://www.BangorRecovery.org>" www.BangorRecovery.org

Garden Volunteers Bangor Area Recovery Network

Volunteer Position Title: Special Event Volunteer

Organization: Bangor Area Recovery Network (BARN), Brewer, Maine

Organization Details: The Bangor Area Recovery Network (BARN) is a peer-run and oriented recovery center, located in Brewer, Maine. BARN views recovery as a process of change through which an individual achieves improved health, wellness, and quality of life. Recovery is a process of transformation in which we seek to overcome the harmful effects of a disease or debilitating condition and pursue a better life. The BARN works with the community to meet its goals. All are welcome.

Position Description: During the growing season, the BARN has an outdoor garden that requires frequent attention and care. A minimum of two dedicated gardeners will be responsible for upkeep and planting.

Essential Duties and Responsibilities: Plant, regularly water, and tend to any needs of the garden at the BARN as they arise.

Training Requirements: No special training is required, but volunteers should have basic gardening skills and experience and be self-driven and reliable.

Length of Commitment: Minimum of 1 growing season

Time Involvement: at least one, 3-5 hour shift per week

Location: Bangor Area Recovery Network (BARN) 142 Center St. Brewer, Maine 04412

Contact/Supervisor: Sharon Fields, BARN Volunteer Coordinator

For more information or to sign up as a volunteer, contact: Sharon at The BARN; 561-9444, Cell: 949-5641, sharon@bangorrecovery.org

*Recovery is a process
There are many pathways to recovery
Recovery overcomes shame and stigma
Supporting recovery is a community responsibility*

Last Updated December 2017