



APPLICATION TO JOIN THE HOLYOKE HAVEN A SOBER LIVING COMMUNITY

HOLYOKE HAVEN
10 Holyoke
Brewer, ME 04412
Contact – Jessica Jesiolowski
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Please Print Legibly

Name: _____

LAST

FIRST

M.I.

Current Address: _____

Street

City

State

Zip

Telephone: _____

HOME

WORK

CELL

Date of Birth: ____/____/____

Marital Status: () Single () Married () Divorced

Are you currently on Probation/Parole? () No () Yes- (provide name and number of Probation Officer)

Probation Officer's name

Phone Number

Please list all charges: _____

Please describe the conditions of your probation: _____

Do you have an active restraining order for family or friend? Yes ___ No ___

If yes, please describe the individual who you have obtained a restraining order:

RECOVERY INFORMATION

Are you in recovery from: () Alcoholism () Drug Use () Both

Do you take prescription medication? () No () Yes- please list and reason:

Have you been in substance abuse treatment, either in or out-patient, within the last 3 years? List the name of each program, the dates you attended, if you graduated, or if you were discharged – explain why.

Are you currently in a self-help recovery or other recovery program: () AA () NA () OTHER

Please explain: _____

How many meetings do you attend weekly? _____

Do you have a sponsor? () Yes () No if no, why not? _____

Are you or will you be on a drug replacement program? (i.e. Methadone – Suboxone) () Yes () No

SOURCE OF INCOME - Must have \$520.00 upon arrival

(\$260.00 is recommended for employed members)

() Employment _____

Employer Name

Employers Phone #

Employer Address

Weekly Net Income: \$ _____ How long at job? _____

Job Description: _____

() **Disability:** \$ _____ per month

() **Other** (explain) _____

Amount of other income: \$ _____ per month

List your 2 most recent residences:

Name/Address of House From _____ to _____
Dates of stay

City/State Reason for Leaving

Name/Address of House From _____ to _____
Dates of stay

City/State Reason for Leaving

Emergency Contact Information- (In the case of relapse both contacts will be notified)

Name Phone # Relationship

Name Phone # Relationship

I hereby apply for membership and acceptance to HOLYOKE HAVEN in Brewer, Maine. By signing below, I certify the information I provided to be correct and that I understand the condition of my membership as stated in the house manual – a copy of which I was provided.

Signature Date

THE HOLYOKE HAVEN COVENANT

General House Commitments and Rules

Being a member of the Holyoke Haven community is a privilege. All residents of the Holyoke Haven recovery home agree and commit to the standards of safety, group unity, and recovery. As such, acceptance into Holyoke Haven requires its members to conform the following commitments:

- 1) Consumption or possession of alcohol and other drugs, whether legal or illegal, is prohibited. Intoxication from any substance is considered a primary violation of the rules of the house. Anyone failing an alcohol or other drug test or is otherwise violating the basic tenets of these agreements, will be asked to leave immediately.
- 2) No weapons, explosives, or fireworks allowed in the sober living community at any time.
- 3) Lying, cheating and stealing compromise the safety of the home and are strictly prohibited. Borrowing from one another may lead to disruptions in the house.
- 4) Residents are required to submit to a Drug and Alcohol Screen/Test at any time it is requested. A refusal and/or failure to provide an adequate sample within 2 hours will be treated the same as a positive test result. Any attempt to dilute or otherwise adulterate the sample may also result in being asked to leave.
- 5) Members are required to follow their recovery plan as discussed during their entry interview and orientation. If someone is struggling with their recovery plan, she is expected to reach out for help either through the House Meetings, the House Manager, or other recovery supports.
- 6) Residents are required to attend the weekly House Meeting during which she can check-in on her recovery plan and address any communal living difficulties.
- 7) Residents are required to work, go to school, or volunteer in accordance with the policies of the program.
- 8) Smoking inside Holyoke Haven home is strictly prohibited. Ashtrays are provided outside and need to be cleaned daily. No littering of cigarette butts on or near the property.
- 9) Holyoke Haven is NOT responsible for a resident's personal item's/belonging(s). Residents are responsible for the security and safekeeping of their own personal item's/belongings and are to pack and carry their item's/belongings when they depart. If for any reason this does not occur, the resident may contact the House Manager regarding the retrieval/disposition of their personal item's/belongings.
- 10) Disruptive/Discourteous behavior will not be tolerated and may result in someone being asked to leave the residence.
- 11) Husbands, boyfriends, or significant others may not under any circumstance spend the night. When visiting, they must stay on the first floor in common areas only. Guests can stay until curfew in communal areas only. Guests cannot be under the influence or in possession of drugs and/or alcohol.
- 12) Children under the age of 18 may occasionally visit during the day. They must be closely supervised and must leave by 8:00pm. No overnight stays.
- 13) Everyone is required to observe a curfew of 9:00pm on weekdays and 11:00pm on weekends.
- 14) Guests can stay until curfew in communal areas only. Guests cannot be under the influence or in possession of drugs and/or alcohol. If they come to the residence and are under the influence of alcohol or other drugs, they will be asked to leave immediately.
- 15) Respect for your housemates is considered at all times. Quiet time is 10:00pm to 5:00am. Any activity (i.e., Lights, TV, Telephone conversations, etc.) that disturb another residents ability to sleep/rest is considered disrespectful and not allowed.
- 16) Residents are not permitted in any bedroom other than their own without permission from the resident(s) residing in that room; they must also be accompanied by the permitting resident.
- 17) Thermostat is to be adjusted by the House Manager only. Personal air conditioners will cost the member \$20.00/month to be paid toward the energy bill. The payment for the air conditioner energy bill must be paid in advance of plug in.

- 18) Chores are required to be completed either daily or weekly, with weekly chores being done by Sunday at 4:00pm. The House Manager is responsible for chore assignment and making sure they are completed. Refusal to complete assigned chore can be regarded as disruptive behavior.
- 19) Washer & Dryer -- Be courteous. Clean dryer lint screen before and after every use and do not leave clothes unattended in the washer/dryer.
- 20) Clean up after yourselves. A good general clean-up of all areas inside and outside the home is always required. Leaving items laying around after receiving a warning does not promote a recovery atmosphere.
- 21) Beds should be made daily and bedrooms should be kept neat and clean with clothes put away.
- 22) Turn off lights, TV's, Radio's, Fans, etc., when not in use. Exterior doors are required to be locked when entering/exiting
- 23) Personal items should not be stored in the bathrooms. Leaving personal items in the bathtub is irresponsible and can lead to problems among fellow residents.
- 24) Residents should be mindful of appropriate attire.
- 25) Kitchen—Clean Up After Yourself. Nothing can be more irritating and a sign of disrespect than a sink full of dirty dishes. Appliances, counter-tops, utensils, dishes, pots, pans, and silverware should be cleaned and returned to their respective place (immediately) after each use.
- 26) Refrigerator—Mark food/leftovers with your Name/Date when initially placed in the refrigerator.

Be Accountable, Responsible and Communicate!
Mutual accountability is where we all hold ourselves to the same standards for recovery!

This page can be signed upon acceptance into Holyoke Haven Community

By my signature, I agree to uphold the agreements and commitments in the Holyoke Haven Covenant upon my admission to the program and affirm that I have read the Policy and Procedure Manual that was provided to me. I further understand that my failure or refusal to uphold these agreements and commitments is a violation of my responsibilities as a member of the Holyoke Haven recovery residence, and that I may be asked to leave with or without notice.

Holyoke Haven Resident

Date

Witness

Date